

HIGHLIGHTS

IN THE HEART OF THE SWISS ALPS



TALK (Tourismus Adelboden-Lenk-Kandersteg) AG

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As you breathe in the fresh alpine air, overlooking a world of snow-capped mountains, waterfalls and lakes, you will quickly disconnect from the day-to-day and reconnect with nature's way. Here, in the exquisite holiday region of Adelboden-Lenk-Kandersteg, guests enjoy an all-year-round playground, from summer hikes in a UNESCO World Heritage Site to winter snow sports in one of the top three ski regions in Switzerland. We look forward to welcoming you into the heart of the Swiss Alps and can promise you: the memories you make here will stay with you forever.







ADELBODEN

FALLING IN LOVE WITH THE MOUNTAINS



The world of Engstligenalp

In its own pocket of paradise, Enstligenalp is home to the second highest waterfall in Switzerland (600 m) and a unique alpine plateau that offers walks past charming flora and fauna and Europe's highest lying 18-hole pop-up golf course. It is an ideal destination to escape from the cities, recharge your batteries and return to nature.



Renowned wellness pools

Guests visit from all over the world to unwind in Adelboden's wellness pools. From the hotel's infinity pools to the expansive public pool in the centre of the village, the locations are simply spectacular. Overlooking an idyllic mountain backdrop, it's easy to understand why these pools have become a social media hit.



Adventures in the Alps

Adelboden has an adventure for everyone – whatever their age and whatever the season. Whether it is a hike along the colourful Flower Trail at the top of the mountain, a downhill scooter ride on the unique 45 km network of scooter paths or a serious mountain bike ride through the Alps, adventures are around every corner.



Traditional cuisine

Fresh dairy products, indulgent Swiss chocolates, raclettes, fondues, rösti and fine meals at one of the chalet-style restaurants accredited with over 14 GaultMillau points – Adelboden has it all. This region is a real treat for all food lovers and every visitor wishing to experience the culinary highlights of Switzerland.

TOP HOSPITALITY ADELBODEN



The Cambrian

A contemporary design hotel set in a grand residence facing the Alps. Highlights include a unique infinity pool and spa area, a cosmopolitan culture and creative design touches.

www.thecambrianadelboden.com



Bellevue Parkhotel & Spa

An elegant establishment at the top of the village, overlooking the Alps. Guests can dine in the gourmet restaurant and unwind in Adelboden's largest spa, offering spectacular views.

www.bellevue-parkhotel.ch

ADELBODEN LENK KANDERSTEG HEART-WARMING WINTERS



Ski holidays in Adelboden-Lenk

With 210km of perfect pistes and slopes for all ages, a ski holiday with loved ones is the ideal way to make the most of winter. The exceptional quality of the ski offer places the region within the top three in Switzerland and has resulted in the FIS Ski World Cup being hosted here every year. If snow is your thing, this region is king!



Ice walking in UNESCO-listed Oeschinen Lake

Switzerland's famous Oeschinen Lake freezes over in winter, allowing visitors to walk on one of the world's most majestic lakes located within a World Heritage Site. This is a profound experience with breathtaking views of an exquisite winter wonderland that will be sure to rival any of the top natural sights you have seen.



The largest snow igloo restaurant in Europe

Whether or not you're passionate about ski sports, a trip to the Fondue Igloo is a must. A cosy, romantic atmosphere can be found within the icy halls, along with ice art and a hearty fondue made from a delicious local cheese mix. If you're feeling adventurous, it is even possible to stay the night in the adjacent igloo hotel!



Participating at the FIS Ski World Cup

Even if you are only a spectator, you will enjoy participating at the FIS Ski World Cup in Adelboden. This event, in early January, is one of the most sought after events in Switzerland, attracting 40000 fans to Adelboden. As a visitor, you are invited to cheer on the world's most elite ski professionals and then enjoy the many festivities after the competitions.

TOP HOSPITALITY LENK



Lenkerhof

A five-star superior hotel nestled in the valley of Lenk. The resort features exceptional cuisine, a large spa and wellness area with sulphur spring water and first-class service. www.lenkerhof.ch



Bühlberg Restaurant

Managed by Lenkerhof, this restaurant is set on the opposite side of the valley, with sweeping views over the mountains. It is an ideal location for events and special occasions.

www.buehlberg.ch

KANDERSTEG

A WORLD HERITAGE SITE PULSING WITH LIFE



Swimming in the Oeschinen Lake

Nestled between glaciers and ancient pine forests lies one of the most beautiful mountain lakes in the Alps. Diving into the deep blue water and watching the many waterfalls run into this UNESCO World Heritage Site is a memory you will cherish. Friends, couples and families can also take a rowing boat and venture off into the deep water for a picture or a picnic.



The magic of Blausee

Blausee (Blue Lake) is a fairy-tale-like lake and truly an experience for all the senses. With its remarkable turquoise lake, serene woodlands and delicious local trouts, this stop is a popular feature in Swiss bucket lists. Why not stay for a night at the charming Grand Hotel Blausee to enjoy more time at this remarkable location?



The steepest PostBus route in Europe

With gradients as steep as 28%, the journey from Kiental to Griesalp is widely considered the steepest PostBus route in Europe. It is also one of the most picturesque. Climb on board and enjoy the spectacular scenery of a UNESCO region before taking a hike through colossal mountains, past roaring waterfalls and silent lakes.



Following history on the Gemmipass

The Gemmipass offers a scenic, rugged climb connecting Switzerland's Bern and Valais regions. Here you can follow the footsteps of pilgrims, traders, famous figures (such as Thomas Cook, Mark Twain, Sherlock Holmes), as well as today's tourists who continue to prove the popularity of this hike.

TOP HOSPITALITY KANDERSTEG



Waldhotel Doldenhorn

A welcoming hotel at the foot of vast woodlands and majestic mountains. It offers guests a relaxing ambience with good food, a large spa and areas well-equipped for events.

www.doldenhorn.ch



Hotel Alfa Soleil

A vibrant family-run hotel on the edge of Kandersteg's historic village centre. The panoramic views, a refined kitchen and a family-friendly atmosphere are some of the highlights.

www.alfasoleil.ch